



know before you go





n general, you should start with your primary care physician for all your health needs. Since this person will be your go-to medical partner, it's important to find someone you're comfortable with. When the same person sees you over time, he or she learns important information about you – the whole you – that can be invaluable in keeping you healthy and catching problems early. The more you feel you can trust and be open with your doctor, the better care that provider can give you. And should you ever need specialized care (for example, for a heart or musculoskeletal problem), your primary care provider can recommend the right physician and help coordinate your care.

DON'T HAVE A PRIMARY CARE PHYSICIAN?

WE CAN HELP!

Choose from one of our skilled and compassionate Saint Agnes Care doctors. Online appointments available. To establish with a provider, visit saintagnescare.com.

URGENT CARE

If you are having an urgent (but non-emergent) healthcare problem – like flu symptoms or pink eye – and can't wait for an appointment, visit one of our three Saint Agnes Urgent Care clinics. Do your waiting from home by scheduling your visit at *saintagnesinquicker.com*.

Saint Agnes Urgent Care

Magnolia

2497 Herndon Ave., Suite 102, Clovis

Main Campus

1245 E. Herndon Ave., Fresno

Northwest

4770 W. Herndon Ave., Ste. 111, Fresno

For hours, visit saintagnescare.com.

If your urgent problem is an unexpected break, sprain or strain, Saint Agnes Care is pleased to offer **Ortho on Demand** for teens and adults. There's no appointment necessary and you will be seen by one of our orthopaedic or sports medicine specialists.

Ortho on Demand

1510 E. Herndon Ave., Ste. 230 *Monday – Friday* • 8 a.m.-4 p.m. *Walk-ins welcome*

SAINT AGNES VIRTUAL URGENT CARE

Online health care services also offer fast and convenient help for non-emergent medical needs. You can get the care and treatment you need from the comfort of your own home, or anywhere you have internet access. Schedule your virtual urgent care appointment by visiting saintagnesinquicker.com.

EMERGENCY DEPARTMENT

Call 9-1-1 or go directly to the emergency room if you have chest pain, have trouble breathing, are bleeding or have any other severe symptoms.

TIONITEMS

Remember: It's YOUR health. Find a doctor who can be your partner in keeping you healthy, and then use their time wisely.



