



*Baby-Friendly Hospital  
Saint Agnes Medical Center  
and Mother's Milk Bank  
needs your help to give  
our Valley's tiniest infants  
the best start in life  
through the provision  
of human breast milk.*



**Saint Agnes  
Medical Center**  
Women and Infants Services  
(559) 450-5210  
[www.samc.com](http://www.samc.com)

# Donate your Breastmilk without leaving home!

## August 1-31, 2021

Saint Agnes Medical Center is sponsoring  
a Central Valley Virtual Breastmilk Drive  
hosted by Mothers' Milk Bank of San Jose.

In celebration of **World Breastfeeding Month in August**, you can donate your frozen milk to provide the essential nutrients that babies need to survive. Every precious drop counts to help babies thrive during times of uncertainty.

No need to wait until August. If you or someone you know is interested in donating, call today to start the screening process. Follow these simple steps to see if you qualify:

1. Pre-screen by calling **1-877-375-6645** and selecting **option 3** for donor services, or email **[mothersmilk.org/donate-milk](mailto:mothersmilk.org/donate-milk)**. Please mention that you are donating milk for the **Central Valley Milk Drive**.
2. A donor packet will be mailed to you. Complete and return as soon as possible.
3. Upon approval, a cooler will be shipped to you by Fed-Ex with instructions about how and where to send your milk. This service is paid for by **Mothers' Milk Bank of San Jose**.

*Within a few months your milk will be given to a baby in need.*

Saint Agnes is the **only hospital in Fresno County** to earn international recognition as a **Baby-Friendly Hospital**. This prestigious designation means that we are considered a 'center of excellence' for maternity care.